## We claim:

1. A one-piece stamped compressible spring pin comprising:

at least one outer shell;

a base; and

a pin comprising:

a contact point at an end opposite the base, and a central portion located between the base and the contact point;

wherein the central portion is rippled with waves to impart spring characteristics to the pin;

wherein the at least one outer shell, base, and pin are integrally formed from a single piece of sheet metal, and the outer shell and pin extend from separate edges of the base.

- 2. The spring pin of claim 1, wherein the sheet metal is a conductive material.
- 3. The spring pin of claim 2, wherein the sheet metal is at least one of beryllium copper and phosphor bronze.

- 4. The spring pin of claim 1, wherein at least the contact point is plated.
- 5. The spring pin of claim 1, wherein the pin further comprises a broadened flap at an end opposite the base.
- 6. The spring pin of claim 5, wherein the broadened flap is rolled to form the contact point.
- 7. A method of making a one-piece stamped compressible spring pin comprising the steps of:

stamping a predetermined shape out of a single piece of sheet metal;

wherein the predetermined shape has at least one wing, a central area, and a

substantially orthogonal extension protruding from the central area;

stamping clearance cuts and through holes in the predetermined shape;

rippling a portion of the orthogonal extension to form at least one wave to

impart spring characteristics to the orthogonal extension;

forming a cup-shape in the at least one wing to produce an outer shell;

bending the orthogonal extension to an angle perpendicular to the central area;

and

bending the predetermined shape to at least partially cover the orthogonal extension with the outer shell.

8. The method of clam 7 further comprising the step of:

plating at least a portion of the orthogonal extension.

9. The method of claim 7, wherein the predetermined shape further comprises two wings.